

WALK AROUND THE BLOCK!

(Tune: Rock Around the Clock)

Revised Lyrics © Paul Finkleman

One o'clock, two o'clock, three o'clock: nap!
Four o'clock, five o'clock, six o'clock: eat!
seven o'clock, eight o'clock, nine o'clock: walk!
We're going to walk around the block tonight!

I'll grab my walker, get your cane,
walk away our aches and pains

We're going to walk around the block tonight!
Might take a few hours, but that's all alright!
We're gonna try to walk around the block tonight!

Step outside, shake our tush,
give those laxatives a little push

We're going to walk around the block tonight!
Might take a few hours, but that's all alright!
We're gonna try to walk around the block tonight!

Maybe we'll stop for a treat,
so don't forget to put in your teeth
We're going to walk around the block . . . etc. . . .

One o'clock, two o'clock, three o'clock... etc.

Maybe we'll try a little hanky-pank
I know it ain't easy with your oxygen tank.

We're going to walk around the block tonight!
Might take a few hours, but that's all alright!
We're gonna try to walk around the block tonight!